COVID-19 Decision Tree

(revised 9/24/2021)

INDIVIDUAL



COVID-19 HOTLINE (208) 522-0310 or toll free (855) 533-3160

YES

Do you have SYMPTOMS*?

(regardless of your COVID-19
vaccination status)

You had close contact (within 6 feet for more than 15 minutes) with a person known to have COVID-19.

You have received all doses** of a COVID-19 vaccine series AND two weeks have passed since receiving your final dose

**a COVID-19 vaccine series includes 2 doses of Pfizer or Moderna or 1 dose of

Johnson & Johnson/Janssen

- Wear a mask within 6 feet of others indoors, in crowded outdoor settings, and in high-risk settings for 14 days following your last contact with the infected person.
- Wear a mask around household members who may be immunosuppressed or at increased risk for severe disease.
- Seek testing if you develop COVID-19 symptoms.

Seek the evaluation of a medical provider to determine if COVID-19 testing is indicated.

NO

Continue with normal activities while

monitoring your health daily.

If testing is indicated, please ISOLATE until test results are received.

If test result is POSITIVE, continue to ISOLATE and local public health will contact you for follow up.

If no testing is conducted, you should ISOLATE for at least 10 days after symptom onset AND symptoms have improved, including being fever-free for 24 hours without the use of fever-reducing medications before returning to normal daily activities.

Self-isolate for 10 days (or 7 after receiving a negative test result, with test performed on day 5 or later) after last contact with the person in accordance with CDC guidelines. Conduct daily monitoring of your health.

*SYMPTOMS MAY APPEAR 2-14 DAYS AFTER EXPOSURE TO THE VIRUS AND INCLUDE:

- Fever or chills
- Cough
 - Shortness of breath or difficulty breathing
- Fatique
- Muscle or body aches
- Headache

- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This document is a general guideline to assist with decision making. Please refer to Eastern Idaho Public Health or your healthcare provider for questions that are specific to your individual circumstance.